

2023 O'Flaherty Retreat Menu

Thursday, October 19, 2023

BREAKFAST - N/A

LUNCH - N/A

DINNER

Time: 6:30-7:30 p.m.
Place: Texas Pavillion
Brisket with saused on the side
Pinto Beans
Potato Salad
Coleslaw
Texas Bread
Water, Lemonade and Tea
20th Anniversary Dessert

Friday, October 20, 2023

BREAKFAST

Time: 7:30-8:30 a.m.
Place: Dining Hall
Scrambled Eggs
HBC
Bacon & Sausage
Plant Based Sausage
Biscuit & Gravy
Fruit
Yogurt
Cereal

LUNCH

Time: 12 noon-1 p.m.
Place: Dining Hall
Roasted Chicken
Plant Based Chicken
Sweet Potato Mash
Green Beans Amandine
Salad Bar x2
Chocolate Chip Cookies

DINNER

Time: 5:30-6:30 p.m.
Place: Dining Hall
Baked Ziti
Ziti with Marinara (Vegan & Vegetarian)
Roasted Broccoli
Garlic Bread
Salad Bar x2
Assorted Cakes

Saturday, October 21, 2023

BREAKFAST

Time: 7:30-8:30 a.m.
Place: Dining Hall
Egg Souffle
Pancakes
Breakfast Potatoes
Chicken Apple Sausage
Plant Based Sausage
Fruit
Yogurt
Cereal

LUNCH

Time: 12 noon- 1 p.m.
Place: Dining Hall
Shepherd's Pie
Potato & Leek Soup
Salad Bar x2
Chocolate & Vanilla Cupcakes

DINNER

Time: 5:30-6:30 p.m.
Place: Dining Hall
Mustard Baked Chicken
Colcanon Potatoes
Carrots & Parsnips Mash
Salad Bar x2
Scones w/Fresh Cream (ARIELLE)

Sunday, October 22, 2023

BREAKFAST

Time: 7:30-8:30 a.m.
Place: Dining Hall
Baked French Toast
Oatmeal
Bacon & Sausage
Plant Based Sausage
Fruit
Yogurt
Cereal

LUNCH

Time: 12 noon-1 p.m.
Place: Dining Hall
Pork Tenderloin
Mustard Roasted Potatoes
Honey Butter Corn
Steamed Corn
Salad Bar x2
Brownies

DINNER

Time: 5:30-6:30 p.m.
Place: Dining Hall
Beef Fajitas
Chicken Fajitas
Fajita Veggies
Tortillas
Refried Beans
Mexican Red Rice
Chips & Salsa
Guacamole, Sour Cream & Cheese
Salad Bar x2
Churros