

O'Flaherty Menu 2018

Monday				Friday	Saturday	Sunday
<p>Last Meal Eggs Bacon pastries fruit/yogurt bar</p>			<p>V=vegetarian VN=Vegan GF=Gluten Free Highlighted green=we will have GF options available</p>	<p>Eggs Bacon pancakes shred potatoes (GF) breakfast casserole oatmeal (GF) fruit/yogurt bar gravy/syrup</p>	<p>Fried eggs sausage link hash brown casserole soda bread waffles fruit/yogurt bar gravy/syrup</p>	<p>Eggs sausage French toast hash browns (GF) breakfast casserole cheese biscuits fruit/yogurt bar gravy/syrup</p>
				<p>Grilled chicken fried chicken buns/GF buns waffle fries rice (VN/GF) mac & cheese squash soup (V) toppings salad bar cookies *trail mix available</p>	<p>Baked Potato Bar: chopped brisket broccoli (GF) cheese bread toppings wedding soup (GF) & tomato soup (V/GF) salad bar brownies & squares *trail mix available</p>	<p>Shepherd's Pie (GF) chicken & dumplings green beans mac & cheese rice (VN/GF) rolls salad bar pies & Irish scones w/ cream *trail mix available</p>
				<p>Roast chicken pork tenderloin diced potatoes (GF) rice (VN/GF) roast zucchini (GF) mushrooms (GF) bread salad bar Baked Alaska & fruit</p>	<p>Beef fajitas Chicken fajitas corn/flour tortillas charro beans (VN/GF) Mexican rice (V/GF) rice (V/GF) tortilla soup (GF) toppings salad bar sopapillas lemon ice bars</p>	<p>Baked ziti w/meat sauce Grilled chicken Fettucine alfredo GF pasta rice (VN/GF) roast veg (GF) garlic toast salad bar ice cream sundae bar</p>